



Conference Workshops

Workshop #1 – Setting Priorities, Multi-Tasking & Time Management

Presenter: Marion Thomson Howell

Required – 1st Year / Optional 2nd Year

The goal of the workshop is to help student leaders become more organized, efficient and balanced in their role. This session will open with a brief discussion of what it means to be out of balance and talk about strategies that back fire.

Workshop #2 – Role of SAC in Violence Prevention & Promoting Safe School Communities

Presenter: Pat Roberts

The presenter explores the various ways in which SAC can contribute to promoting a Safe School including consideration of violence prevention. The students will leave with a better understanding of the sources of violence in and around schools, challenges associated with creating and maintaining a safe school environment. As well, the audience will receive suggestions how SAC and Administrators can work together to achieve this worthy objective.

Workshop #3 – Faith In Professional Life

Presenter: Judge Colin Westman & David Seljak

Target – 2nd Year

The presenters reflect on their personal experiences:

- How their spiritual beliefs play out in the context of their daily work
- How their faith sustains them
- How their faith guides them in their priorities, their relationships and their goals
- How their spiritual beliefs help them deal with adversity.

Workshop #4 – Promoting Social Justice Initiatives within the School Community & Beyond

Presenter: David Mensah

The presenter engages, provokes, and stimulates students to possible social justice projects both within and beyond the immediate school community. The students will leave with a broader understanding of the link between social justice initiatives and Christ's call to discipleship. Also, some consideration to the notion that subtle social justice acts by SAC that target marginalized students within the school are just as important as the high profile strategies within our community. eg. Food drives,



Workshop #5 – Rights, Responsibilities & Opportunities: Clarifying the Role of SAC Members

Presenters: Roger Lawler, Theresa Johnson, Patricia Klassen

Discussion includes:

- Legal references to rights and responsibilities within the Education Act and the principal's legal responsibility to oversee all school programs.
- School Board's interest in the voice of students as key recipients of school services i.e. through appropriate representatives such as Student Presidents, Trustees, School Council Rep's.
- Education as a shared responsibility in which students, and in particular SAC, play a role in impacting the school's culture and in helping students achieve the Catholic Graduate Expectations.
- Your understanding of the calling to Catholic Student Leadership and the resulting responsibility that this places on students who volunteer for SAC positions.

Workshop #6 – Effective Communication with Council Members and Administration

Presenters: Dave Lauslager, Frank Johnson, Auravelia Colomer

Presenters explore factors that enhance and impede effective communication, as well as, make suggestions for best practices that promote effective working relations. The students will leave with a richer understanding of the challenge and a few suggestions they might consider to improve or consolidate working relations in the next school year.

Workshop #7 – Student Leaders at College and University

Presenters: Paul Lehman, Kathy Sisak, Shawna Thompson

Presenters provide the students with information regarding the opportunities and challenges associated with student leadership at college and university. Consideration is given to the balance between service and personal benefit associated with student leadership and to the value of student leadership as a vehicle for exploring and/or preparing for specific career paths.



Workshop #8 – Social Justice – What’s Available
Presenters: Dwyer Sullivan & Andrea Tirone

Students obtain a broader understanding of programs available during and following high school including:

- Three possible week long high school experiences
- Following high school - an eight month “*One World Experience*” to Africa, Central America or India as explained by a recent 19-year-old participant.

Time to stop talking and start doing!

Workshop #9 – Substance Abuse – Drug & Alcohol Free Activities
Presenters: Jennie Ritter, Carol Perkins, Ray Massicotte

How do you know what’s out there? How do you know who might be a potential target or someone already involved with illegal substances? Uncover the legal, personal and health consequences related to substance abuse and how Student Council can be part of the solution.

Workshop #10 – Moving into the Work Force. Planning Your Career. Do’s & Don’ts

Presenter: Machele Denison

(Target 2nd Year Students)

This is an informal, energetic, interactive workshop, guaranteed to “get you thinking”. The topics discussed cause students to examine both what you are looking for from a career, as well as your gifts and natural abilities. The workshop leader discusses the importance of using mentors in planning your careers and where to find them. She also explores breaking through barriers in career planning.

Workshop #11 – Community Leadership in Your Future

Presenter: David Graham

Discussion includes student’s involvement in the wider community as leadership volunteers, both during and following academic careers, while exploring the meaning of leadership through an engaging activity.

Workshop #12 – Practical Role of Student Council in Celebrating the Differences in Cultures & Race. Do’s & Don’ts.

Presenters: Fran Baker & Siu Hei (William) Ngai

This workshop provides students with an excellent framework to start, or to motivate a Multicultural Club in your school. Discussions include: celebrating cultural significance, leadership, resources and activities.